



Fall 2024 Varsity Schedule

Varsity Tryout Week (August 12-17th)

***All returning athletes to attend Varsity tryouts. New athletes join Aug 19th

	8/12 M	8/13 T	8/14 W	8/15 Th	8/16 Fri	8/17 Sat
Girls Varsity	@ETHS 4:30-6:30	@DRC 5-7:30pm	@ETHS 4:30-6:30	@DRC 5-7:30pm	@ETHS 4:30-6:30	1:1s @ETHS 2-3pm
Boys Varsity	@ETHS 4:30-6:30	@ETHS 4:30-6:30	@DRC 5-7:30pm	@ETHS 4:30-6:30	@DRC 5-7:30pm	1:1s @ETHS 1-2pm

* Varsity roster set with coach-athlete 1:1s on Aug 17th

** Varsity water safety tests is Aug 19th 6:30-7:30pm

*** All Fall sports meetings & breakouts Thur 8/22, 6:15-8:45PM (parent-athlete-coach)

Fall Varsity Practice Schedule (August 19- October 27th)

Base schedules are what a typical week looks like. Regattas, test pieces, special practices, etc may happen occasionally. Main notice will go out via email and athletes reminded in-person.

	Mon	Tue	Wed	Thu	Fri	Sat
Girls Varsity	@DRC 4:30- 6:45PM	@ETHS 6:15-8AM	@DRC 6-8:15PM	OFF	@DRC 6-8:15PM	@DRC 1-3 PM
Boys Varsity	@DRC 6-8:15PM	OFF	@DRC 4:30- 6:45PM	@ETHS 6:15-8AM	@DRC 6-8:15PM	@DRC 1-3 PM

** Athletes HIGHLY encouraged to do SST and Strength programs with Coach Feldner

Regatta Calendar

- Sept 14 - Club, local scrimmage tbd
- Sept 28 - Full team, Tough Cup @ Chicago, IL
- Oct 13 - Full team, Head of the Rock @ Rockford, IL
- Oct 19 - Tbd, scrimmage @ the DRC